

**Inside This Issue:**

Grantsville Events	2
West Fork Events	3
Birthday Page	4
Soapbox	5
Grantsville News	6
Green Thumbs	7
Random Thoughts	8
Day Trip	9
Happy Birthday America	10
Menu	11
Program Info.	12
Program Info.	13
Fun Page	14
Fun Page	15
Fun Page	16
Business Page	17

# CCCOA NEWS

Calhoun County Committee on Aging  
 Post Office Box 619  
 Grantsville, WV 26147  
 Phone: 304-354-7017 Fax: 304-354-6859

## July

### Dates To Remember

- |            |   |
|------------|---|
| July 3rd   | 4th of July Celebration 10:30-11:30 am  |
| July 4th   | CENTER CLOSED FOR 4TH OF JULY!  |
| July 5th,  | Roane Home Care Bingo 11:00 am<br>Crafts 9:30 am  |
| July 6th,  | Spencer Shopping Trip Depart 8:30 am<br>TRIP MUST BE PAID AT TIME OF RESERVATION!   |
| July 13th, | Shopping Trip Depart 8:30 am -<br>TRIP MUST BE PAID AT TIME OF RESERVATION!   |
| July 14th, | BCCS Pres. "Colorectal Cancer" 10:30-11:00 am   |
| July 19th, | WV Caring Health Screening 10:00am-12:00 pm<br>Crafts 9:30 am   |
| July 20th  | Cultural Center and Clay Center Trip<br>West Fork Site to visit Mile Tree Nursing Home Trip   |
| July 21st  | Genesis Bingo 11:00-11:30 am  |
| July 26th  | Covered Dish Birthday Dinner -(Grantsville Center)<br>Musical Entertainment provided 10:30 am- 11:30 am<br>NO BINGO WILL BE PLAYED TODAY! |
| July 27th  | Covered Dish Birthday Dinner -(West Fork Center)<br>Musical Entertainment provided 10:30 am- 11:30 am                                     |
| July 28th  | Monthly Medicare Presentation 10:45 am  |

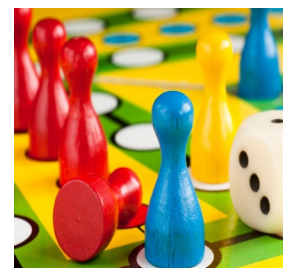
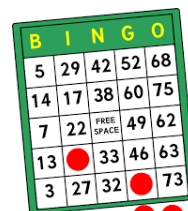


- July 3rd, Mon. 4th of July Picnic 10:00 am-2 pm  
Grantsville Center- Games, Prizes and Picnic Lunch
- July 4th, Tues. CENTER CLOSED FOR 4TH OF JULY!
- July 5th, Wed. Choir Practice 10:30-11:00 am  
Roane Home Care Bingo 11:00-11:30 am  
Crafts 9:30 am
- July 6th, Thurs. Exercise with Erin 9:30-10:00  
Spencer Shopping Trip Depart 8:30 am  
Trip must be paid for at time of reservation!
- July 7th, Fri. "Healthy Me"
- July 10th, Mon. Exercise with Erin 9:30-10:00 am  
Congressman Mooney Rep 10:00-12:00 pm
- July 12th, Wed. Choir Practice 10:30-11:00 am
- July 13th, Thurs. Exercise with Erin 9:30-10:00 am  
Shopping Trip Depart 8:30 am  
Trip must be paid for at time of reservation!
- July 14th, Fri. BCCS Pres. "Colorectal Cancer" 10:30-11:00 am
- July 17th, Mon. Exercise with Erin 9:30-10:00 am
- July 19th, Wed. WV Caring Health Screening 10:00 am-12:00 pm  
Choir Practice 10:30-11:00 am  
Crafts 9:30 am
- July 20th, Thurs. Exercise with Erin 9:30-10:00 am  
Cultural Center and Clay Center Trip  
Depart Center 8:30 am
- July 21st, Fri. Genesis Bingo 11:00-11:30 am  
Hospice Screenings
- July 24th, Tues. Exercise with Erin 9:30-10:00 am
- July 26th, Wed. Covered Dish Birthday Dinner  
Musical Entertainment Provided 10:30-11:30 am  
NO BINGO WILL BE PLAYED TODAY!
- July 27th, Thurs. Exercise with Erin 9:30-10:00 am
- July 28th, Fri. Monthly Medicare Presentation 10:45-11:00 am
- July 31st, Mon. Exercise with Erin 9:30-10:00 am



**Yahtzee & Rummy will be played daily from 8:00 - 11:00 a.m.**  
**Bingo will be played daily from 11:00 - 11:30 am**  
**unless otherwise stated.**

- July 3rd, Mon. Weigh in for biggest loser.  
WV Caring Health Screening 9:30-10:00 am  
Crafts/ Corn hole 10:30-11:30 am
- July 4th, Tues. CENTER CLOSED FOR 4TH OF JULY!
- July 6th, Thurs. Cards/Board Games/Corn hole 10:30-11:30 am
- July 10th, Mon. Crafts/Cards/ Line Dancing 10:30-11:30 am  
Weigh in for biggest loser. Picture and Prize
- July 11th, Tues. Cards/Line Dancing 10:30-11:30 am
- July 13th, Thurs. Roane Home Care Bingo 10:00-10:30 am  
Cards/Corn hole/Scrabble 10:30-11:30 am
- July 17th, Mon. Cards/Crafts 10:30-11:30 am  
Weigh in for biggest loser.
- July 18th, Tues. Cards/ Line Dancing 10:30-11:30 am
- July 20th, Thurs. Cultural Center and Clay Center Trip  
Miletree Nursing Home
- July 24th, Mon. Cards/Line Dancing/Crafts 10:30-11:30 am  
Weigh in for biggest loser.
- July 25th, Tues. Cards/Line Dancing 10:30-11:30 am
- July 27th, Thurs. Entertainment/Birthday Dinner 10:30-11:30 am  
Hospice BP Clinic 10:00-10:30 am
- July 31st, Mon. Crafts/Cards/Line Dancing 10:30-11:30 am  
Weigh in for biggest loser.



**Exercise 9:00 - 9:30 am / Socializing from 9:30-10:00 am daily unless otherwise stated.**  
**Bingo will be played daily from 10:00 - 10:30 am unless otherwise stated.**

**\*Find the Needle\***  
 Look for the needle.  
 Actual needle size



## July Birthdays

- Jacky Rogers July 1
- Anita West July 1
- Myrtle Carpenter July 2
- Linda Badgett July 3
- Helen Jordan July 3
- Kevin Kanalley July 3
- Janet Stewart July 9
- Glenn Knotts July 11
- Ruby Collins July 13
- Dorothy McCauley July 14
- Foster Wilson July 14
- Randy Wilson July 19
- Rose Pursley July 23
- James Shields July 24
- Willadene Poling July 26
- Linda Crawford July 26
- Carolyn Richards July 27



**Celebrating May Birthdays**  
**at the Grantsville CCCOA:**  
 (Left to Right) Hazel Tingler & Joann Dawson

Happy  
 Birthday

### CCCOA Employees



- Cindy Cottrell July 1
- Melissa Shrader July 15
- Sabrina Whytsell July 24
- Gabriella Brown July 24



**Birthday Entertainment provided by:**  
 Three N One

Boy, if you thought that May was bad then let me tell you about June. Where to start? I'll start with the good news. The good news is that so far I have not seen any snakes in the yard, in the house or in the chicken coop. Yay!!

Now for the bad news. As I was going into the chicken coop one morning in the first week of June a flying bug buzzed me. I swatted it away and went in the coop. When I left the coop it buzzed me again. I had an empty dish from the chicken food so I swatted it away again. Ah, but the next time I went back in the coop (which was that afternoon) he got even. As I exited the coop he nailed me right on the top of the head!!! "Swat me will you?"

I told Frank and he said he will look into it. Mmhmmm. Sure he will. So for two days, twice a day, I went to the chicken coop with a hat on my head, a long sleeved jacket on, and a shirt wrapped around my neck. I was a sight. I looked up under the awning over the door of the chicken coop and saw what looked like a light fixture. I told Frank about it and he said, "We don't have an outdoor light fixture on the chicken coop." So, off he went to look...

When he came back in the house he told me that it wasn't a light fixture but a wasp nest. He sprayed it with some bug killer stuff and knocked the nest down with a clothes pole. These were strange bugs. They were all black with white spots on their butts. They were small with double wings. They looked really good to me because they all were in bug heaven. Wait, maybe they were in bug you know where.

There's much more for June, but no room to put it.

--To Be Continued--

Happy 4<sup>th</sup> of July

A FUNNY THING about our nation: July 4 is America's birthday, but April 15 is when it collects its presents.

A TEACHER asked a student. "If you had 16 jelly beans and your friend asked you for 10, how many jelly beans would you have?"  
"Sixteen," the student replied

## Brighten the world one rock at a time!



### Craft Days!

July 5<sup>th</sup> and July 19<sup>th</sup> beginning at 9:30 am,  
we will be exploring the art of rock painting.

Supplies will be provided!

However, if you have your own supplies, such as paint,  
paint brushes, markers, or specific rock that you would  
like to bring you may do so.

You are free to paint whatever you wish, so you may  
start gathering pictures or templates now.

If you have an interest in joining us please let Cindy know so  
we have enough supplies for everyone. (304-354-7017)

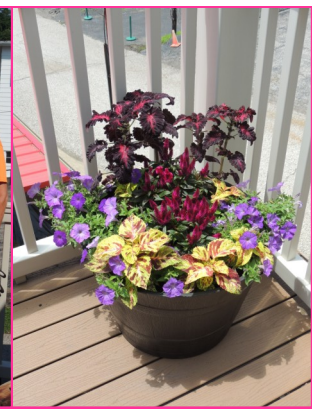
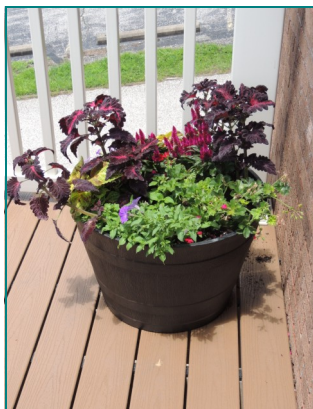
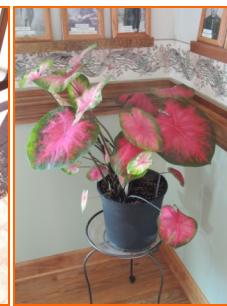
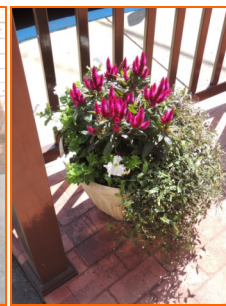
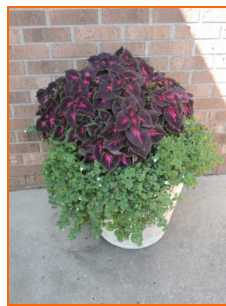
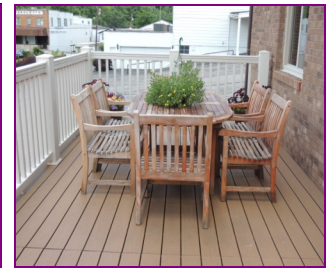
### Big Bingo Winners - June 9, 2017

1. Lenn Phillips
  2. Violet Williams
  3. Alta Mae Richards
  4. Carol Cozart
  5. Virginia Simmons
  6. French Stump
  7. Thelma Hall
  8. Roy Pursley
  9. Dorothy Lynch
  10. Jean Miller
  11. Sally Hashman
  12. Mary Poirer
  13. Denzil Ward
  14. Judy Wolfram
  15. Pearle Johnson
  16. Joann Ward
  17. Steve Miller
  18. Patty Little
  19. Joanne Brannon
  20. Wanda Carpenter
  21. Madaline Lamp
  22. Louise Wolverton
  23. Portia Miller
  24. Joan Auvil
- Grand Prize- Portia Miller



The CCCOA Choir performing at the 2017 Calhoun County Wood Festival!

The Calhoun County Committee on Aging has received a “Green Thumbs, Healthy Joints” Grant for the purchase and planting of decorative and vegetable plants and related containers and materials. The primary purpose of the grant is to encourage Seniors and those with arthritis and other joint limitations to utilize gardening as a means of maintaining or improving joint health. Any Senior interested in participating in the planting or maintenance of the plants may contact Samantha Cowan, project coordinator, at CCCOA’s Grantsville site or by phone at 304.354.7017.



**CCCOA Grievance Procedures**

Some CCCOA staff and Board of Directors members have received “anonymous” letters over the past months expressing numerous matters or concerns, mostly reflecting or based upon incorrect or inaccurate assumptions. While the identity of the writer is substantially certain, it is still not possible to “officially” respond to correspondence lacking return addresses or signed with fake identities, which then leaves the incorrect or inaccurate statements unaddressed.

After consultation with the Commissioner of the West Virginia Bureau of Senior Services about the matter and learning more about the Bureau’s policy regarding anonymous communications and of maintaining means of being open to legitimate complaints or concerns, it has been determined that CCCOA will maintain a similar practice and will discard and ignore any further anonymous communications, but certainly will remain open to and receptive of legitimate concerns or complaints regarding CCCOA services that are presented via the established Grievance Procedures, which exist to provide a means for any complaints or concerns to be fully considered and resolved in a method that is respectful and fair to all parties involved.

And, of course, any suggestions or observations about ways CCCOA can improve services (or provide them more efficiently) are always welcome and appreciated . . . we want CCCOA to be a great place to be!

**Thoughts From: “All I Really Need to Know I Learned in Kindergarten”**

Share everything.

Play fair.

Don't hit people.

Put things back where you found them.

**CLEAN UP YOUR OWN MESS.**

Don't take things that aren't yours.

Be kind to others.

Say you're SORRY when you HURT somebody.

Wash your hands before you eat.

Flush.

Warm cookies and cold milk are good for you.

Live a balanced life - learn some and drink some and draw some and paint some and sing and dance and play and work everyday some.

Take a nap every afternoon

Be aware of wonder.

When you go out into the world, watch out for traffic, hold hands, watch out for each other and stick together.

— Robert Fulghum, All I Really Need to Know I Learned in Kindergarten



On June 22nd, the Seniors enjoyed a day trip to Marietta, Ohio. Everyone had a wonderful breakfast at Shoney's, then toured Marietta at their leisure before settling aboard the Valley Gem sternwheeler for a two hour cruise. After which they stopped by Whit's Frozen Custard stand for some dessert.

We hope that you will join us for our July 20th trip to Charleston, WV, for a tour of the Clay and Cultural Centers.





*Happy Birthday America!*

I found the following prayer in among some things that  
I had saved and thought that it was perfect for the 4<sup>th</sup> of July.



*A Prayer For Our Veterans*

*Oh God, Our Heavenly Father,*

*You have blessed us with brave men and women*

*Who are willing to defend our freedom.*

*May your protection and grace surround them each day.*

*Let your healing hand be upon those who suffer wounds and injuries.*

*May those who have made the ultimate sacrifice rest forever in your holy presence.*

*Comfort the families who mourn and are left to remember the precious lives of their loved ones.*

*Help us to honor and support them.*

*Let us be ever mindful of each sacrifice made on behalf of the American people*

*by our sons, daughters, husbands, wives, mothers, fathers, and friends.*

*Amen.*

*\*\*I would also like to add sisters, brothers, aunts, uncles, and cousins.\*\**

*Never Forget*

*Always Remember.*

Submitted by: Judy Wolfram

# July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p><b>4th of July Picnic</b></p>	<p><b>4</b></p> <p><b>Center Closed For 4th of July</b></p>	<p><b>5</b></p> <p><b>BBQ Ribs Ranch Potatoes Corn Juice Bun</b></p>	<p><b>6</b></p> <p><b>Chicken Tenders Cauliflower &amp; Broccoli w/Cheese Sauce Green Beans Fruit Whole Wheat Bread</b></p>	<p><b>7</b></p> <p><b>Hamburger Lettuce/Tomato/Onion Baked Beans Fruit Whole Wheat Bun</b></p> <p style="text-align: center;"><b>“Healthy Me”</b></p>
<p><b>10</b></p> <p><b>Sauer Kraut &amp; Kielbasa Boiled Potatoes Mixed Greens Cornbread Juice</b></p> <p style="text-align: center;"><b>Congressman Mooney Rep.</b></p>	<p><b>11</b></p> <p><b>Roast Beef Split Mashed Potatoes Carrots Whole Wheat Bread Juice</b></p>	<p><b>12</b></p> <p><b>Smothered Steak Mashed Potatoes Broccoli Fruit Whole Wheat Roll</b></p> <p style="text-align: center;"><b>Roane Home Care Bingo</b></p>	<p><b>13</b></p> <p><b>Ham Salad Cottage Cheese w/Peaches</b></p> <p style="text-align: center;"><b>Shopping Trip</b></p>	<p><b>14</b></p> <p><b>Baked Spaghetti Tossed Salad Fruit Roll</b></p>
<p><b>17</b></p> <p><b>Taco Salad Lettuce &amp; Tomato Brownie Fruit</b></p>	<p><b>18</b></p> <p><b>Chicken Sandwich Macaroni Salad Fruit</b></p>	<p><b>19</b></p> <p><b>Beans Onions Greens Fruit Cornbread</b></p>	<p><b>20</b></p> <p><b>Pizza Burger Coleslaw Apple Crisp Whole Wheat Bun</b></p> <p style="text-align: center;"><b>Cultural &amp; Clay Center</b></p>	<p><b>21</b></p> <p><b>Fish Tartar Sauce Pasta Salad w/Tomato Corn Juice</b></p> <p style="text-align: center;"><b>Genesis Bingo</b></p>
<p><b>24</b></p> <p><b>Creamed Turkey w/Peas &amp; Carrots Mashed Potatoes Fruit Biscuit</b></p> <p style="text-align: center;"><b>Board Meeting</b></p>	<p><b>25</b></p> <p><b>Steak Hoagie Cheese/Lettuce/Tomato Potato Salad Fruit Whole Wheat Bun</b></p>	<p><b>26</b></p> <p><b>Beef Stew Cucumber &amp; Onions Apple Sauce Cornbread</b></p> <p style="text-align: center;"><b>Grantsville B-Day Dinner</b></p>	<p><b>27</b></p> <p><b>Hot Dog w/Meat Sauce Baked Beans Coleslaw Fruit Whole Wheat Bun</b></p> <p style="text-align: center;"><b>West Fork Birthday Dinner</b></p>	<p><b>28</b></p> <p><b>Sweet &amp; Sour Pork Mashed Potatoes Green Beans Roll Juice</b></p> <p style="text-align: center;"><b>Ship Counselor Pres.</b></p>
<p><b>31</b></p> <p><b>Pasta Chicken w/Vegetables French Green Beans Pineapple Salad Whole Wheat Roll</b></p>	<p><b>Menu Subject To Change Without Notice</b></p>		<p><b>2% Milk and Margarine Served Daily</b></p>	

## Congregate Nutrition Program

Hot, nutritious meals are provided Monday through Friday at 11:30 a.m. at 105 Market Street, Grantsville, WV 26147.

Donation scale is as follows:

- 60 and over, or disabled
- Monthly income \$700.00 or less- \$1.25
- \$701.00-\$800.00 - \$1.50
- \$801.00 - \$900.00 - \$1.75
- \$901.00 and above - \$2.00

Under 60 yrs of age \$5.25

Homebound residents can receive meals delivered to their home through the Meals on Wheels program. Please call 304-354-7017 and ask for Cindy Cottrell for more information.

## Ensure Program

Pick up times are from 8:00 am to 3:00 pm  
Please call 304-354-7017 and ask for Cindy Cottrell, to check availability of flavors and quantity.



## Fitness Room

The CCCOA has a wonderful fitness room available to those 60 and older, or disabled.

Hours of operation  
Monday - Friday  
8:00 am -2:30 pm



If you would be interested in volunteering to teach an exercise class, please call 304-354-7017.

## EMPLOYMENT OPPORTUNITY

Are you a caring individual searching for a position in the health care industry?

The CCCOA is accepting applications for our in-home care programs. You must be 18 years of age to apply, have reliable transportation, and be able to pass a state and federal background check. We provide CPR/First Aid Training, OSHA, HIPPA, Elder Abuse, and various other in-home care training for our caregivers.

Inquiries please call 304-354-7017, and ask for Angela Yoak or Opal Harris.



## Do you need assistance in your own home?

The Calhoun County Senior Center has several programs to provide in-home services including: Lighthouse, Respite, Medicaid Waiver, Personal Care, Veterans and Private Pay.

Our In-Home Personal Care Programs provide hands-on services to those whom are medically and financially eligible. Determination of eligibility is based on the completion of a medical assessment. Once guidelines are reviewed and eligibility is determined, the client will be provided with a personal care provider.

Our staff is dedicated to our clients' well-being and to keeping them healthy and in their home for as long as possible. Aides are trained in CPR, and First Aid, and it is mandatory that our caregivers attend classes for continuing health education.

In addition, all our aides receive a state-to-state background check and fingerprinting check.

If you or a friend or loved one are in need of services, please give us a call. We are here to be at your service. Do not hesitate to ask questions about eligibility or guidelines.

For more information and assistance please call Angela Yoak, In-Home Services Supervisor, or Opal Harris, In-Home Services Coordinator  
@ 304-354-7017.

Email: [ayoak@cccoa-wv.org](mailto:ayoak@cccoa-wv.org) or [oharris@cccoa-wv.org](mailto:oharris@cccoa-wv.org) or stop by the  
Calhoun County Committee on Aging  
located at  
105 Market Street, Grantsville, WV 26147

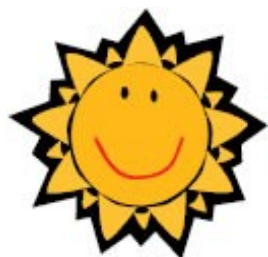
# CAMPING

SWIMMING    BEDROLL    HIKING  
TENT        CAMPING    MATCHES  
FIRE        EXPLORING    ROPE  
FIREWOOD

F S N G I C R T B P  
T I W U V O J E D X  
Y V R I P L D N I F  
C P T E M R G T N I  
I R J N O M N C D R  
E X P L O R I N G E  
Y A L Z L I P N N W  
S E H C T A M C G O  
R C W J K W A B H O  
H I K I N G C G O D







# WELCOME SUMMER

C X A G N B H R C I Y J D L M K R A P E M E H T  
 A A T E P A R T I E S V F R U G A D H B T I J N  
 M L R H J W K K E Y S E I L F E R I F B L E U K  
 P B M N T K E O Y F P O U Q I W X R I H F S M O  
 I L D V I C E C R E A M R X S D W Y R G L Y P Z  
 N A P B O V C G P D S H E R H F S S E G I V R H  
 G R P H U L A H O O P S I J I J J A W K P H O L  
 M O D N A O F L O P G Q J R N S K N O T F U P V  
 W L F X P Y J Z L A A W E S G B L D R C L P E D  
 E L H F J G O H X I Q J W E K R L A K G O M H N  
 O E B S P C A U G U S T Q I C R X L S U P Z T M  
 V R G U H T D E R T H J K V L O H S B T S D R G  
 D C H N R V J T N C H A R O M H R L E E D E A F  
 P O P S I C L E S T T Y U M O Y L K K C I N H G  
 E A X C C W E T Y K C S G N A E M I E F A H A Q  
 S S T R N O N N E G H W O E V X B P A R A D E S  
 H T U E A D J U L Y R I B J R K E Y M M G H E V  
 A E S E T D F F Q W T M E R E T A Y U I H S O P  
 A R S N A D F G H A J M K L L Z C X C V S B N S  
 M Q W E L R T U C T I I O P K A H S D A A F G C  
 H J K L I Z X A C V B N N M N Q R W L E L N U I  
 R T Y E E U V I O P A G S D I F G G H J P A J N  
 Z X N C V B N F D H J T R H R J N K L E S G W C  
 I U E R K S E N O C W O N S P U P C I H G E W I  
 J W H C O O K O U T S W E E S D L K I J F M D P

AUGUST  
 BEACH  
 BIKES  
 CAMPING  
 CARNIVAL  
 COOKOUTS  
 FIREFLIES  
 FIREWORKS  
 FISHING  
 FLIPFLOPS

FUN  
 HULA HOOPS  
 ICE CREAM  
 JULY  
 JUMPROPE  
 JUNE  
 MOVIES  
 PARADES  
 PARTIES  
 PICNICS  
 POOL

POPSICLES  
 ROLLERCOASTER  
 SANDALS  
 SPLASH  
 SPRINKLER  
 SNOWCONES  
 SUNGLASSES  
 SUNSCREEN  
 SWIMMING  
 THEME PARK  
 VACATION



# CCCOA Business Page

Executive Director: Rick Poling

## Board of Directors

Roger Jarvis— President  
 Pamela Gainer— Vice-President  
 Dottie Rader— Secretary  
 Edward Lawaty— Treasurer  
 Launa Butler  
 Carroll McCauley  
 Barbara Roberts  
 Patti Hicks  
 Roberta Wilson



The CCCOA Board of Directors meet the fourth Monday of each month at CCCOA. Interested citizens are always welcome at board meetings and encouraged to attend.

Some services provided to Calhoun County Senior Citizens by CCCOA include:

Congregate Meals	Transportation
Meals on Wheels	In-Home Care
Satellite Site Minnora	Medicare Counseling
Trips and Excursions	Book lending Library
Daily Activities	Exercise Room
CCCOA News newsletter	Social Support
Internet Café	Health Fairs

*And much more, Contact CCCOA to learn what is available for you.*

Grantsville Center  
 105 Market Street  
 Grantsville, West Virginia 26147

Hours: 7:30am - 3:30pm  
 Monday through Friday  
 Phone: 304.354.7017  
 Fax: 304.354.6859  
 Mailing: Post Office Box 619  
 Grantsville, WV 26147



CCCOA News, a publication of Calhoun County Committee on Aging, Inc.



The CCCOA News will strive to report and provide accurate information at all times. If any information printed is inaccurate or items omitted we apologize. Corrections will be printed in the next issue as needed.

CCCOA News is published and printed by CCCOA and is printed on the first business day of each month, or as close to that as possible.

Menus published here are prepared by CYGNET Menu Management System.

Projects provided by funding from WV B.O.S.S., North West Area Agency on Aging, CCCOA Inc.

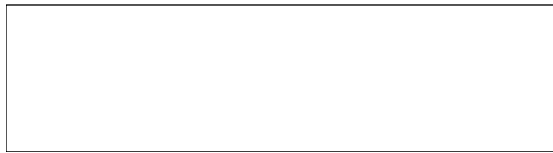
Please direct any questions or comments concerning the CCCOA NEWS to Rick Poling, Executive Director

Calhoun County Committee on Aging (CCCOA), an agency providing services to senior citizens of Calhoun County, WV. CCCOA is committed to serving the Senior Citizens (age 60 and over) of Calhoun County, to providing the highest quality services and to be advocates for the greater good of the people we serve. Services are provided equally and without discrimination to all who qualify for said services.

West Fork Center  
 121 Milo Road  
 Minnora, West Virginia 25261

Hours: 9:00am - 2:00pm  
 Monday, Tuesday, Thursday  
 Phone: 304.655.8805  
 Fax: 304.354.8805  
 Mailing: Post Office Box 619  
 Grantsville, WV 26147





Calhoun County Committee on Aging  
PO Box 619  
Grantsville, WV 21647



To Contact CCCOA:  
Phone: 304-354-7017  
Fax: 304-354-6859  
Email: [office@cccoa-wv.org](mailto:office@cccoa-wv.org)



Calhoun County Committee on Aging Inc.